

*From Ashes  
To Angel  
Light*

*Rebecca's Pathways Vol. 2*

*Rebecca J. Steiger*

INNERCIRCLE PUBLISHING

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ISBN: 1-882918-00-2

E**dition**

Cover Designed and Created by Chad Lilly  
Typeset/Layout by Daniel Gisch  
Proofread by: Mary Lou Hampton and Wandaleen Talcott  
Author photo by: Wandaleen Talcott

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# *Acknowledgements*

4-19-2006

I want to thank all those who helped bring me to higher consciousness. For understanding that all may not be as it seems. For your trust and faith in me and my gift of healing.

Thirteen years ago today was A horrendous experience! The Tornado that blew my four year old grandson and me out of a house. We landed out in a field from where the house use to be. We were surrounded by downed live, electrical lines in the rain and dark and never even knew they were there. We walked off without a scratch. I stood before God and His Supreme presence! What I felt was peace in a loving presence. He sent us back to deliver His message to you! I write this book for others, so that they too can stand in the light of Ever Lasting Love. That heals us all. The most horrible thing to happen to me ended up being the biggest gift I have ever received from this life.

When Spirit knocks on your door make sure you are listening! Look for the signs, learn the lessons and receive the gifts.

*“Stand in your own light of higher consciousness.”*

# Table of Contents



*Prologue: The New Year*

*17: The wrath of God*

*21: Angels and Pathways*

*27: Judgements*

*33: Forgiveness*

*35: Emotions*

*41: How to stay on your path*

*43: Horrors we have not seen*

*45: Living in Spirit*

*47: Is this you*

*53: Family Values*

*61: Connecting to the Angelic Realm*

*65: Experiences in life*

*69: The Sword*

*71: Money and Abundance*



- 73: *Wonders of Life*
- 75: *Everything has a life of it's own*
- 83: *Time is passing by*
- 87: *The perfect look*
- 91: *Imagination*
- 93: *Vacation of the Mind*
- 95: *Rapid changes of the Earth*
- 97: *Anticrist Hides so well*
- 101: *The Lady Bug*
- 103: *The Messangers*
- 105: *Right of passage*
- 109: *Just a little light*
- 111: *A well traveled path*
- 115: *Angels never leave*
- 117: *Seven Candles of life*
- 121: *Building a Bridge*
- 125: *Metaphysical Moments*





## *Introduction*

3/9/2006

This book is a self-help book. Opening your mind to an Angelic realm of possibilities. HOW SCARY! To leave your safe little world of darkness, entering a world of conscious thought. Standing in the light of peace and love. Leaving all those behind, that cannot see and are afraid to truly live. Those who huddle in darkness of the mind.

Change is the thing you fear most. Being different or seeming odd to others. Your family, friends, your co-horts. Let me tell you this; Change can be the most exciting, rewarding thing you may ever do. Being able to think outside the box. Being able to truly see and be who you always dreamed of being, making it a reality. Through change and light healing of the mind, you will shine, you will prosper. You will enter a new and wonderful world of understanding.

I wrote this book. For you and you alone.

By helping yourself, you will help others. By healing yourself, you will heal those around you. How? By being a beacon of light, by letting go of your stress and worries, others will start relaxing and feeling the warmth that radiates within and around you. They too will start to feel.

By opening your mind and accepting yourself, others will start to accept you as you were truly meant to be. By helping yourself, you will send the breath of life around the world and who knows where it might land. You do not know whom it might help heal.

So, if you open your mind and choose to accept change. Choose the path of light and healing. Awareness of the mind awaits you. Enjoy the journey. What a wonderful life awaits you. Go forth and drink in the light, like the finest wine.

Discover the channels that will open for you. Do not fear them, for they are your gift from Spirit! Use them for the benefit of others, as well as yourself. Doors will open; all you have to do is walk through them. Life is so simple, once you accept change in a positive way. Finding peace and joy on this Heavenly earth. Letting go of stress and fear is the hard part, having trust in what you do and who you are. Why? Because you have worn fear and stress like a second skin. You have been programmed to feel only pain. You have been programmed to feel stress and worry, to be like everyone else. When you were a small child, someone said to you; be careful you could fall. You could fail. If you never fall, then how can you truly know when your upright? If you never fail, how can you feel the joy of success?

Life is a journey of wonders and miracles. Learning and gifts. Giving and receiving from one another. Join me on this roller coaster ride called life. Feel

the thrill of rising high and the heart in your throat, going faster, up and down than you ever thought possible. Flying higher, with one foot on the ground. Spinning your head as if you are dancing a waltz.

Feel the freedom to laugh, cry, dance with joy or sing with the Heavenly voices of the birds.

The adventure is great, won't you come along and enjoy living life to the fullest. Breathing, loving and surrounding you with peace and light. Having trust in all things. The choice, of course, is yours.

Do not ask if this is what you are to do. Just listen to your heart and your inner self. No one knows you better than you do! You know your heart beat, you know your secret thoughts, and you know your feelings better than anyone, except God! For he hears your heartbeat, your thoughts, your feelings. He is the only Supreme Being who knows you better than you do. So quiet your mind and let Spirit show you the way. Be specific in your choices, be firm in your beliefs. What is your intent? What is your choice?

What we need are eyes to see and ears that hear. Use what God has given you. See what you see, look at the whole of things and not just a tiny fragment. Hear beyond the word and the now. Listen to those who speak, especially your inner self. Know and put out there what you want in life. Be positive. Be sure of yourself and make your own decisions, most of all do not have doubt, do not fear your intent. Be positive in what you believe. What is right for you,

meant for you, may not be the same as for someone else. That is why we are called individuals. That is why everyone needs something different from the next person. Find out who you are. Make that discovery.

All of us enjoy a special taste. A great dinner. We all get that special, warm feeling when we taste something great! Wouldn't you like to keep that feeling of contentment all the time? Of course, we are not fools. Well, when you open yourself to living and loving, changing and evolving, you will have that special warmth and comfort with you always. It cost you nothing and it will fill you up; no hidden hunger. Just warmth, peace and sincerity. Joy!

When I first began my journey, I too wondered what others would think? Blocking all I could out. However, God will not let you look back; He will not let you worry. For when you learn, as I did, to let Spirit and the Angelic realm handle things, then all becomes as it should be. People will accept, understand, and look to you for guidance. So all it takes is faith and trust in yourself. Faith in the higher power of life. It does not matter if you call God or Buddha, whoever. Know that I have stood before the higher power, God or Spirit, Mother, Father or Child. I know the wisdom, strength and love given freely to us all. Live in the moment, because that is what you have now! The moment. There is no tomorrow until today, this moment is done.

Reap the rewards of living in a life full of choices, love, peace and intention.

How would you feel if you had no fear of being alone? Of death? Of going somewhere alone, without someone else to guide you, to protect you? When you are tuned with Spirit, Angelic realm you will realize that strength, protection, and love is always around and everlasting. That you are never alone and that all is as it should be.

You will become secure in your decisions; you will no longer fear death, or loneliness. You will start to breath, live and love life on this Heavenly earth. It does not matter your age, sex, where you are, who you are with. You have the choice of opening into yourself and finding your God source, your inner strength, your peace and place in your life. Remember, to listen and see. Give and share, then you too will also receive.

We all have to live with man upon this earth. Meet certain obligations. Pay for utilities, rent, food and all the things that go along with it. We have to live with man. These things can be done much easier when we open ourselves to abundance! Do not block your monetary flow; you might be surprised where it comes from. Do not give your work away. Make it worth paying for. If you want abundance, all you have to do is ask for it, and it will be yours. Be confident in yourself and your self worth. Believe in yourself. Let Spirit and the Angels take care of the hard things, enjoy life. Dance with the sun and sing a song of joy. Why not? All is as it should be.

Be the powerful person you were meant to be. Surround yourself with light, letting it shine ahead of you, lighting your path. You will never falter when you are in the light. By lighting your path, you also help light and show the way for others. Be aware of all things around you, be aware of yourself through your God self. Through Love. Finding strength and conviction to live. Of course, the choice is yours. Life is a choice, we choose to learn, and from whom, we give, we love, we laugh, and we keep going forward in life. We then receive the gifts!

Life's greatest challenge is letting go of the restrains we have put on ourselves. Letting go of the past, being free. Flying through life, to be who you were meant to be. Spirit created you, shaped you and loves you. Find yourself in these pages and get ready to start a new and exciting life.

*Prologue:*  
*The New Year*

12/26/2005

The New Year is upon us and everyone's going to start the New Year right, with resolutions! Of course, most won't keep them.

Let's take a look at the New Year. Lot's of confusion, due to lots of wind, weather changes, tornado's will come through the country like wildfire, flattening many towns, some states will be hit twice as hard! Earthquakes will start really rocking the earth, from equator, to equator. The polarities are off and opening of the earth will take place. Stay away from Equador, San Salvador, and any place in between! Horrific hurricanes, the islands, Cancun will suffer again. Stay away from the shore line of Mexico, the rebels are there and will create silly havoc on tourists.

Times are going to get harder, because people are living in fear! The energy is really starting to change! A part of California is going into the ocean; a tall mountain is going to crumble in Montana; somewhere in Yellowstone. Geysers are really going to be gushing upwards and outwards, beware of these things. Many will suffer and the Angelic realm says to take cover and duck! Go into hiding, if necessary

when the time comes near. Take precautions when you travel, especially around the Mississippi Valley, and areas of big rivers. Make sure all is well at home when you leave. The energy is going to do a lot of shifting and changing. Clearing the way for things to settle. Weather change will be cooler some places and hotter other places. All will end well. Hurricanes are going to erupt again, in volcanic ways. Spitting water in every direction, not caring where it lands, 200 mile an hour winds will prevail. Put on a life jacket, connect with your God self and stay safe in God's light. For once people listen, listen, listen, not to man but to your God self. Open your channel now and get tuned in to Spirit. You have to learn to rely on yourself, not man, rely on your self through God.

A beautiful summer will appear after lots of spring rains and storms. Summer will then be dry for most of the U.S.! Other parts of the world will flourish and bloom as gardens grow. It will take water to grow a garden in most of the US. Even Organ and Washington will be dry.

My resolution for the New Year is to come out alive, really alive and live with Spirit and the Angels guiding me higher to the next step. A Step above, always above! What a wonderful journey. What an exciting life. What a wonderful blessing, to truly experience life, free to live. Not exist or survive. But to truly know that living is not by accident, but through love.

I can tell you what is going to happen, I can help

clear the past off your path, I can help prepare you, but you are the one who has to live your life! To experience it, to turn a bad situation into something positive and good. To see the light in the darkness.

You are a more powerful being than you believe you are. Let the ego go and focus on the Spiritual side of you, your guides and Angels. Through you and your light many can see. Heal yourself and through you others will heal.

The earth is a beautiful place to enjoy, live and experience life in human form. Look and you will see. Listen and you will learn. Speak and you will teach. We all have something to give; we all feel a need to learn. Make a New Years resolution to open yourself and live!

Quit dragging your past behind you, Leave the future ahead of you, and live for the moment! The Now!

Don't make plans, for plans sometime fail; don't criticize unless you, too, are above reproach. Be kinder to yourself and, in return, others will be kinder to you. A new you in a New Year; Enjoy!

Do not let the energy shifts or moons affect you! Be Positive! Send your positive energy out into a world of fear and darkness. Letting your light shine like the star you are. Surrounding yourself with love, joy and the Angelic realm! Healing and feeling the warmth of the sun's rays. There is nothing you cannot do for you are a powerful and wonderfully perfect person, made from Spirit.

Welcome to 2006! The New Beginning!



## *This is called the Wrath of God*

9/24/2005

Another storm is brewing. Take your families and move to higher ground. New Orleans and the gulf coast is sinking, also Dauphin Island. Tell those to go inland. An under ocean volcano is about to erupt, and spray water upon the earth. Also, one will soon hit Taiwan. Tsunami will be nothing to compare with this one, 40 foot and 100 foot waves will come with 200 mile an hour winds, before the end of Oct, or Nov, 1st. Cover your heads and stay in, watch God spread his wrath of all living things taking away the privilege of life. Destroying the evil ones, taking some of the good ones. Cleansing more of the earth. Watching to see if anyone is listening

An Avalanche, this winter in Europe (possibly Austria), killing many as the earth rumbles and run the mountain tops. Not a good time to travel abroad. Stay put and out of the airplanes. If you need to travel, stay on land. Not sea, not air. For we are not meant to fly. Stay grounded for a while, or else you could drown. The end is not here as some say. Not yet, this is just a wake up call to those who are not open to receive God and His mercy. Another big storm, in May 2006, will take it's toll on thousands,

in a different way. Not the Quake, but nature, will definitely shake things up in the Midwest. Follow your inner guides and stay alert to them. Ask their assistance, your family will be well, for they are healed and unafraid of life. Only you know, keep them safe by keeping yourself safe.

Lots of snowfall and power failure this winter, stock up and stay warm. Stay away from the cities that will be freezing. St. Louis is okay, Memphis is in trouble, and there for the taking. More of a terrorist thing on the river and bridges. New York has seen their disasters, and more to come, but New York will survive.

Denver and San Francisco are in trouble and are going to fall. Chicago is winding down and Washington is full of false hope, but also fear. They will suffer a different way. Winds will blow to cleanse. Rain is an earth cleansing remedy. Las Vegas is fine for now. New Mexico is open and free at this time, space is the key. Most western states are okay except, Oregon, the side by the ocean. The seas are coming and biting all things that surround it. All coast land will be covered by spring of 2007. Purifying the waters at the end. Kentucky Lake damn will flood in the spring of 2008, bring down the house of cards. Taking back what the water once had. Hoover Dam will suffer, in a positive way. Bringing peace to all those who survive and see the way to Spirit. Remember to Duck!

Evil will not stand in the hand of God! All will repent and live, as they were meant to be, in loving harmony, on a clear and beautiful earth.